



COUNSELING

*Feeling stressed or anxious?
We're here for you!*

Individual Counseling
(Available for NYC Students only)

Monday-Friday
10am-4pm

**Virtual
Group Counseling**

*We'll discuss how to manage
the stress of our daily lives.*

Mondays - 12pm

Join Us!

For an appointment, email:
ASAPcounseling@mildred-elley.edu

Join Teams Meeting

The **Center for Academic Support and Professionalism (ASAP)** has instituted a new program, offering students an opportunity to engage and participate in professional counseling. The counseling program was developed to achieve the goals established by the Center for ASAP by providing a clinical approach to assist students in fulfilling their academic and personal goals. The counseling program will endeavor to provide **emotional** and **mental health support** to all students in both individual and group settings. All conversations are clinical and confidential.