

Revision: November 2018

This program plan outlines how students can transfer from the **Mildred Elley AOS Massage Therapy** program to the **Excelsior College BS Health Sciences** program. Upon completion of the **AOS Massage Therapy** program, the following credits will apply for students enrolling in the **BS Health Sciences** program.

Mildred Elley Credits	Semester Hours	Excelsior College Requirements	Semester Hours
HEA 112 / BIO 112: Medical Terminology	3	N/A	0
MT 101: Western Massage I	3	Health Sciences Elective	3
BIO 110: Anatomy & Physiology I	4	Natural Sciences / Mathematics Requirement	4
MT 103: Western Massage II	3	Health Sciences Elective	3
BIO 210: Anatomy & Physiology II	4	Natural Sciences / Mathematics Requirement	4
MT 121: Myology and Kinesiology I	3	Health Sciences Elective	3
MT 211: Pathology I	3	Health Sciences Elective	3
MT 221: Neurology	3	Health Sciences Elective	3
MT 201: Oriental Massage I	3	Health Sciences Elective	3
MT 123: Myology and Kinesiology II	3	Health Sciences Elective	3
MT 125: Myology and Kinesiology III	3	Health Sciences Elective	3
MT 213: Pathology II	3	Health Sciences Elective	3
MT 111: Professional Development and Ethics I	2	N/A *	0
MT 231: Myofascial Release Therapy	1	N/A *	0
MT 173: Neuromuscular Therapy	2	Health Sciences Elective	2
MT 113: Professional Development and Ethics II	2	N/A *	0
MT 203: Oriental Massage II	3	Health Sciences Elective	3
MT 127: Myology and Kinesiology: Palpation and Muscle Testing Lab	1	N/A *	0
MT 237: Craniosacral Therapy	1	N/A *	0
MT 171: Sports Massage	3	N/A *	0
MT 251: Clinic I	1	N/A *	0
MT 175: Reflexology	1	N/A *	0
MT 253: Clinic II	1	N/A *	0
MT 290: Massage Therapy Capstone Course	1	N/A *	0
HEA 121: First Aid, CPR & AED	3	N/A *	0
Restricted Electives (Choose TWO): MT 177: Massage in a Healthcare Environment OR MT 178: Medical Massage OR MT 233: Polarity Therapy OR MT 235: Thai Massage	2	N/A *	0
ENG 102: English Composition	3	Written English Requirement	3
IL 100: Principles of Information Literacy	1	Information Literacy Requirement	1
ENG 103: Oral Communications	3	Humanities Requirement	3
PSY 105: Introduction to Psychology	3	Social Sciences / History Requirement	3
Total Credits Required for Associate	72	Total Credits Accepted from Associate	50

* Courses would be classified as Health Sciences Electives, but the total number of credits exceeds the maximum allowable 32 in this area.

Credits Beyond The Associate That Can Be Transferred OR Taken At Excelsior

Additional Credits	Semester Hours	Excelsior College Requirements
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Written English	3	Written English Requirement
Humanities Electives	6	Humanities Requirement (Must include 2 credits in Ethics)
Social Sciences / History Electives	6	Social Sciences / History Requirement
Natural Sciences / Mathematics Electives	1	Natural Sciences / Mathematics Requirement (Must include 2 credits in Statistics and 2 credits in Natural Sciences)
Arts & Sciences Electives	27	Arts & Sciences Requirement
Total Additional Credits	43	

* The above credits may be transferred in from another 2-year or 4-year regionally accredited institution.

Credits To Be Taken At Excelsior College *	
Excelsior College Requirements	Semester Hours
HSC 310: Writing and Communication in the Health Science Professions	3
HSC 320: Health Care Issues in Culturally Diverse Populations	3
HSC 365: Research for Evidence-Based Practice	3
HSC 431: Introduction to Health Care Delivery Systems	3
HSC 445: Introduction to Health Care Informatics	3
Health Sciences Area of Emphasis: (Choose ONE area of emphasis)	9
HSC 464: Health Sciences Capstone <i>NOTE: The Capstone MUST be completed at Excelsior</i>	3
Total Credits	27

* The above credits (with the exception of the **Capstone** course) may also be taken at Excelsior or another 4-year regionally accredited institution.

Evaluation Summary	Semester Hours
Credits Accepted from Associate Degree	50
Additional Credits beyond the Associate Degree	43
Credits from Excelsior *	27
Total Credits Required for Bachelor's Degree	120

* Students are required to take a minimum of **12.00 online course credits** from Excelsior to qualify for partner pricing.

NOTE: Excelsior College reviews every student individually and this guide is just a sample scenario. Actual requirements will be dependent on the courses a student transfers to Excelsior.

What are Arts and Sciences?

We offer the following definitions to help you make these determinations. Remember, however, that before you pay to take a course or examination you should always consult with your advisor to make sure that it will help meet your degree requirements.

Humanities

Humanities subjects focus on developing knowledge and skills in critical reading, logical thought, and esthetic appreciation. Here are some subject areas typically classified as Humanities:

Art, Philosophy, Music, Foreign Language, Literature, Theater, Ethics, Speech, Religion, Communication

Social Sciences and History

Social Sciences and History subjects focus on individuals and society and the processes individuals use to order their world. Here are some subject areas typically classified as Social Sciences and History:

Psychology, Economics, Sociology, Geography, Political Science, History, Anthropology

Natural Sciences and Mathematics

Natural Sciences and Mathematics subjects focus on understanding the natural world and problem-solving processes. Here are some subject areas typically classified as Natural Sciences and Mathematics:

Anatomy and Physiology, College Algebra, Microbiology, Calculus, Chemistry, Genetics, Biology, Physics